

## 2014 WORLD DESIGN CAPITAL



www.capetowngreenmap.co.za

EDITION 5 CAPE TOWN - GREEN BY DESIGN

Rooftop garden, 44 Wale St. © City of Cape Town, Bruce Sutherland and Kevin Newman



This printed Green Map presents a selection of options – for more listings, further information and current news please visit [www.capetowngreenmap.co.za](http://www.capetowngreenmap.co.za)



Cape Town Green Map encourages you to live and play more sustainably and to make greener lifestyle choices. All sites are listed free on [www.capetowngreenmap.co.za](http://www.capetowngreenmap.co.za). If you meet the criteria, please submit your information online and stand the chance of being featured on the website and in future print editions.

Twitter @capetwngreenmap  
Facebook Capetowngreenmap

Also visit Joburg Green Map:  
[www.joburggreenmap.co.za](http://www.joburggreenmap.co.za)



The Cape Town Green Map grew out of Green Goal 2010, the award-winning environmental programme of the 2010 FIFA World Cup™.



The Cape Town Green Map is part of Green Map System's global community of local green maps found online at [www.opengreenmap.org/greenmap/cape-town-green-map](http://www.opengreenmap.org/greenmap/cape-town-green-map). All print maps, including Cape Town's, are archived in the New York Public Library.



Responsible Tourism is tourism 'that creates better places for people to live in, and better places to visit'



Cape Town Green Map is a flagship project of 110% Green, an initiative of the Western Cape Government, calling organisations to commit to the 'green economy.'



CAPE TOWN Live it!  
Love it! GREENER!



Publishers of special interest maps partnering with the City to bring you the Cape Town Green Map. To view all their maps visit [www.mapmyway.co.za](http://www.mapmyway.co.za)  
T +27 21 685 4260  
E admin@mapinfo.co.za

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## THE GREAT GREEN OUTDOORS

Cape Town is definitively Green by Design. Our city is one of a few in the world with a national park and two World Heritage Sites (Table Mountain National Park and Robben Island) contained within its boundaries. The Mother City is located in a biodiversity hot spot, the Cape Floristic Region, and is recognised globally for its extraordinarily rich and diverse fauna and flora.

Discover and experience Cape Town's natural beauty and enjoy its great outdoor lifestyle choices.

Explore Cape Town's national parks, nature reserves, conservation areas, recreational parks and gardens that together are conserving critically endangered ecosystems. This globally important biodiversity is a valuable part of our heritage and also plays an important role in underpinning a healthy and sustainable urban environment.

### Useful links:

Cape Town Nature Reserves  
[www.capetowngreenmap.co.za/nature-reserves](http://www.capetowngreenmap.co.za/nature-reserves)  
Table Mountain National Park  
[www.sanparks.co.za](http://www.sanparks.co.za)  
Cape Town Parks & Gardens  
[www.capetowngreenmap.co.za/parks-gardens](http://www.capetowngreenmap.co.za/parks-gardens)

#### 01 WITZANDS AQUIFER NATURE RESERVE



Protecting the Atlantis aquifer, the main water supply for Atlantis, Mamre and Pella communities, the reserve has impressive dunes and views of Table Mountain. Add on a visit to the quaint mission village of Mamre, established in the 17th Century. The double-ended church and parsonage were declared national monuments. The original water mill has been restored and is today used as a museum.

Dassenberg Dr, Atlantis T 021 444 7687

#### 02 BLAAUWBERG NATURE RESERVE



Stay in accommodation with the only viewpoint in the world from which you can see two proclaimed World Heritage Sites.

Otto du Plessis Dr, Bloubergstrand T 021 444 0454

#### 03 TABLE BAY NATURE RESERVE: RIETVLEI SECTION



A birder's paradise or bring your boat for a day on the water.

Grey Ave, Table View.  
T 021 444 0315

#### 04 DURBANVILLE NATURE RESERVE



Take a stroll through critically endangered Swartland shale renosterveld and Cape Flats sand fynbos.

Racecourse Rd, Durbanville T 021 979 0060

#### 05 TYGERBERG NATURE RESERVE



Magnificent 360° views of the City. Totius St, Welgemoed.  
T 021 444 8971

#### 06 INTAKA ISLAND



A conservation and private property development providing excellent bird-watching opportunities.

6 Park Lane, Century City T 021 552 6889  
E tamryn@intaka.co.za  
intaka.co.za

#### 07 THE COMPANY'S GARDEN



A green jewel in the heart of the CBD that is the remaining half of the Dutch East India Company's vegetable garden planted in the 1650s. Overlaid by a Victorian, romantic garden, its heritage is currently being restored. A free Wi-Fi zone.

Queen Victoria St, Cape Town  
T 021 400 2521

#### 08 TABLE MOUNTAIN (TMNP)



Table Mountain National Park (TMNP) is an iconic international tourist destination and local recreation resource. Table Mountain is one of the 'New 7 Wonders of Nature.' A mountain of many moods, it offers hikers, climbers, walkers and bikers a range of routes that vary from strolls to rigorous hikes, climbs and hi-adrenalin adventures. The mountain is an important source of water, from its springs, streams and dams.

T 021 712 2337/0527  
Emergencies 0861 106 417

### CITY SHARK SPOTTING PROGRAMME



A GREEN flag means visibility for the spotters is good, and no sharks have been seen.



A BLACK flag means visibility for the spotters is poor, but no sharks have been seen.



A RED flag means a shark has been seen recently, but is no longer visible to the spotters.



A WHITE flag with a BLACK SHARK, along with a loud siren, means a shark has been sighted. Leave the water immediately!

Important: No flag means that shark spotters are not on duty.

7 days a week 8 am to 6 pm:  
• Muizenberg corner  
• St James beach  
• Fish Hoek  
• Noordhoek (The Hoek)  
• Caves (Kogel Bay)

Check website for additional beaches and times of year that spotters are on duty.  
[www.sharkspotters.org.za](http://www.sharkspotters.org.za)  
Shark Spotters: C 078 174 4244  
Emergency: T 021 480 7700

## CITY OF CAPE TOWN

SILWERSTROOMSTRAND



## WORLD DESIGN CAPITAL CAPE TOWN 2014

World Design Capital (WDC) is a biannual honour awarded by the International Council for Societies of Industrial Design (ICSID), to one city across the globe, to show its commitment to using design as a social, cultural and economic development tool.

Cape Town Green Map is proud to have been included in the WDC 2014 Bid Book, and played host to the International ICSID judges visiting the city.

Design-led thinking has the potential to improve life, which is why Cape Town's World Design Capital 2014's over-arching theme is 'Live Design. Transform Life.'

Our particular focus has become 'Green by Design' - projects and products where environmental, social and cultural impacts inform design and aim to transform life.



Green Map System accepted Cape Town's new category and icon, created by Design Infestation – the first addition since 2008 to their internationally recognised set of icons.

For an overview of Cape Town's WDC 2014 projects go to [www.capetowngreenmap.co.za/green-by-design-map](http://www.capetowngreenmap.co.za/green-by-design-map)



### MAP KEY

- Table Mountain National Parks
  - Nature Reserves & Parks
  - Southern Line Tourism Route
  - MyCiti Bus Routes
  - Railway
  - Blue Flag Beaches
  - Visitor Info Centre
  - Waste Drop-off Sites
- For a downloadable map of the drop-off facilities and details of the City's pilot Think Twice recycling collection programme, and also private recycling services, visit [capetowngreenmap.co.za/recycling](http://capetowngreenmap.co.za/recycling)



Find which fish species make for the greenest seafood choices. SMS the name of the fish you wish to query to 079 499 8795.

### ICONS

#### NATURE

- Nature Reserve
- Indigenous Plants
- Eco-tour/Nature Walk
- Bird and Wildlife Watching
- Park/Recreation Area
- Coastal Habitat

- Wetlands
- Garden
- Wildlife Centre
- Wildlife Habitat
- Scenic Vista
- Community Garden

#### CULTURE & SOCIETY

- Green by Design
- Child-friendly
- Cultural Performances
- Eco-Information
- Environmental Education
- Museum

#### SUSTAINABLE LIVING

- Organic/Local Food
- Ecotourism Resource
- Green Building
- Farmers/Local Market
- Healthy Dining
- Social Enterprise

- Green Store
- Fairtrade
- Bicycle
- Alternative Fuel
- Eco-Products
- Public Transport



#### 09 TABLE MOUNTAIN AERIAL CABLEWAY



Travel to the summit of Table Mountain in less than 10 minutes, enjoying 360° views of Cape Town. Lower Station, Tafelberg Rd, Cape Town T 021 424 8181 E [info@tablemountain.net](mailto:info@tablemountain.net)

#### 10 LIONS HEAD (TMNP)



A short, but steep, popular hike that offers great views of the Atlantic seaboard, the city and Table Mountain.

Signal Hill Rd, Cape Town

#### 11 SIGNAL HILL (TMNP)



It is from here that the noon day gun marks 12:00 in Cape Town (except Sundays). Great views of Robben Island. "The beautiful seascapes make for outstanding sunsets. But try early mornings with a flask of coffee and watch the first light over the ocean" - Paddy Gordon, Park Manager: Table Mountain National Park.

Signal Hill Rd, Cape Town

#### 12 GREEN POINT URBAN PARK



Family-friendly park with water features and picnicking, adjacent to the Cape Town Stadium. The Biodiversity Showcase Garden allows children to experience the amazing diversity of plants and animals from the Cape, and to learn about environmental issues impacting our biodiversity today.

Locally crafted sculptures, mosaics and interpretive panels will keep you intrigued and informed.

Bay Rd, Green Point  
T 021 417 0101 or 021 430 7399

#### 13 KIRSTENBOSCH NATIONAL BOTANICAL GARDEN (SANBI)



This world famous botanical garden showcases the beauty and diversity of the country's diverse flora in a spectacular setting on the slopes of Table Mountain. The new Boomslang Aerial Walkway celebrates the garden's centennial year. A popular Summer Sunset Concerts venue.

Rhodes Dr, Newlands T 021 799 8783  
E [info@sanbi.org](mailto:info@sanbi.org) [sanbi.org](http://sanbi.org)

#### 14 ARDERNE GARDENS



One of the richest collections of trees and shrubs in South Africa that creates the popular backdrop for the bridal 'photo parade' on weekends. Main Rd, Claremont  
T 021 689 8102/3

#### 15 SILVERMINE (TMNP)



Beautiful mountain fynbos landscapes. Hiking, dog walking, mountain biking and picnic sites. "I love the way the hiker is rewarded by a surprise view over Hout Bay at the highest point of the walk. It is breath-taking; and if you're really lucky, you might spot a pair of Black Eagle soaring up above," - Paddy Gordon, Park Manager: Table Mountain National Park.

Gate One: Coming from Cape Town on the summit of Ou Kaapse Weg, turn right off M64. Gate Two: Pass Gate One and a few hundred metres on, turn left (no mountain biking).

#### 16 FALSE BAY NATURE RESERVE: RONDEVLEI SECTION



A bird sanctuary and home to Cape Town's resident hippo population.

Cnr of Perth Rd and Fisherman's Walk, Grassy Park. T 021 400 9593

#### 17 ZANDVLEI ESTUARY NATURE RESERVE



A large estuary on the False Bay coastline – a sailing and paddler's paradise.

Coniston Ave, Marina Da Gama.  
T 021 701 7542

#### 18 FALSE BAY NATURE RESERVE: ZEKKOEVLIE SECTION



A popular picnicking, sailing and fishing spot.

Zeekeovle Rd, Pelican Park.  
T 021 396 4281

#### 19 BOULDER BEACH (TMNP)



A unique opportunity to come face to face with the endangered African Penguin.

1 Kleintuin Rd, Seaford, off Main Rd past Simon's Town

#### 20 CAPE OF GOOD HOPE (TMNP)



"A spectacular experience as one perceives the land mass narrowing down to a needle point to form the most south western point of the African continent," - Paddy Gordon, Park Manager: Table Mountain National Park. Enjoy wonderful game drives, pristine beaches and historical points of interest. Restaurant and information centre. Plateau Rd, Cape Point

#### 21 HELDERBERG NATURE RESERVE



A popular family destination and a favourite with trail runners. Boasts a museum, coffee shop and indigenous nursery.

Verster Ave, Somerset West  
T 021 851 6982

#### 22 STEENBRAS NATURE RESERVE



One of the most scenic coastal routes skirts the eastern side of False Bay. A great spot for whale-watching.

Faure Marine Dr (R44), about 9 km from Gordon's Bay  
E [steenbras.naturereserve@capetown.gov.za](mailto:steenbras.naturereserve@capetown.gov.za)



## GREEN HOT SPOT ROUTE

**Nancy Richards**, freelance journalist and presenter of the Enviro Show on SAFM, designed her **Green Hot Spot Route**.

### 23 BEAN THERE COFFEE COMPANY



Fair Trade coffee shop sourcing from Africa's sustainable producers.

58 Wale St, Cape Town  
T 087 943 2228 E [cape@beanthere.co.za](mailto:cape@beanthere.co.za)  
[beanthere.co.za](http://beanthere.co.za)

### 24 ORANJEZICHT CITY FARM

Inspirational project celebrating food, culture and community.

Hours: Sat 9:00-14:00 (guided self-harvest on Wed 16:00-18:00 and Sat 9:00-12:00 weather permitting)  
Sidmouth Ave, Oranjezicht  
T 083 628 3428 (Sheryl) or 083 508 1066 (Kurt)  
E [cityfarm@ozcf.co.za](mailto:cityfarm@ozcf.co.za)  
[ozcf.co.za](http://ozcf.co.za)

## GREEN BY DESIGN ROUTE

**Chad Hearne**, WDC 2014 intern, has selected a **Green by Design Route** to highlight some of his favourite projects.

### 29 HARARE PUBLIC LIBRARY



An exceptional library to uplift the community. It includes a gaming room, SmartCape computers, an early childhood development centre, and forms part of the City's ground-breaking Violence Prevention through Urban Upgrading (VPUU) initiative.

42 Ncumo Rd, Harare Square, Harare, Khayelitsha  
T 021 417 0160  
Mon to Thu 10:00-17:00; Fri 14:00-17:00;  
Sat 09:00-13:00

### 30 CAPE TOWN STADIUM

This 55 000-seater facility is a modern monument of functional design and exceptional engineering. Host to local and international sporting, music and other events, it plays a big part in transforming the precinct into a vibrant area.

Fritz Sonnenberg Dr, Green Point  
T 021 417 0120  
Tue to Sat (Tours): 10:00, 12:00 & 14:00

### 31 MANENBERG HUMAN SETTLEMENTS CONTACT CENTRE

One of Cape Town's few 4-star rated 'green' buildings, this public municipal facility contributes positively both to the built landscape and to the social cohesion of a fragmented community.

Wye Rd, Manenberg  
T 021 444 0293  
Mon to Fri 08:00-15:00

### 32 LANGA CULTURAL PRECINCT



Cape Town's oldest township is honoured and developed through this node along Washington Street. The precinct includes the Pass Office Museum, Mendi Park, Guga S'thebe Arts and Culture Centre and a theatre built from shipping containers.

Guga S'thebe Cultural Centre,  
Cnr Washington and Church St, Langa  
T 021 695 3493  
Mon to Fri 09:00-17:00;  
Sat & Sun 09:00-14:00

## FAMILY FRIENDLY VISITS

### 33 TWO OCEANS AQUARIUM



Over 3 000 living animals can be seen in this marine kaleidoscope. This is where the two oceans meet!

Dock Rd, V&A Waterfront  
T 021 418 3823  
E [aquarium@aquarium.co.za](mailto:aquarium@aquarium.co.za)  
[aquarium.co.za](http://aquarium.co.za)

### 34 IZIKO SOUTH AFRICAN MUSEUM & PLANETARIUM



SA's second oldest museum (est. 1825) features natural and social history exhibits. The Planetarium has frequent stellar shows for children and adults.

25 Queen Victoria St, Gardens  
T 021 481 3800  
[iziko.org.za/sam](http://iziko.org.za/sam)

### 35 PLANET KIDS

Eco-friendly play and activity centre for all children - including children with disabilities. They offer organic lemonade "LemoNice".

Open every day  
10:00 - 18:00  
3 Wherry Rd, Muizenberg  
T 021 788 3070 E [andy@planetkids.co.za](mailto:andy@planetkids.co.za)  
[planetkids.co.za](http://planetkids.co.za)

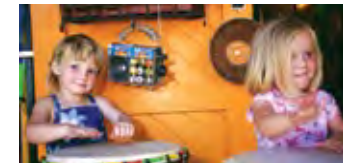
### 36 SAVE OUR SEAS SHARK CENTRE



Aims to improve understanding of sharks and marine conservation. Guided tours of displays, a large fish tank, documentary screenings and talks.

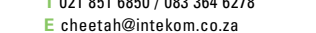
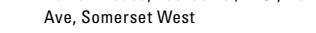
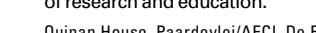
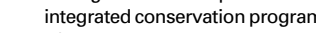
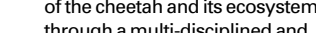
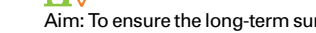
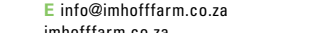
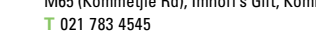
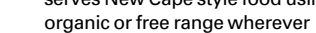
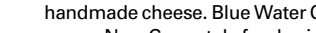
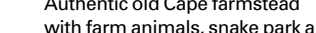
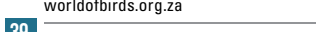
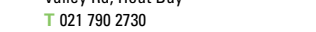
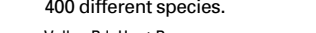
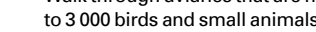
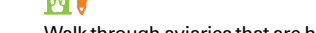
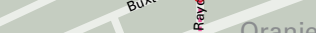
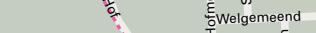
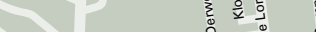
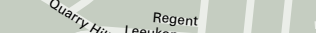
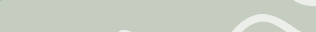
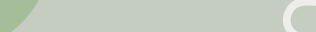
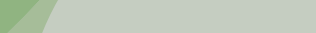
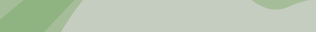
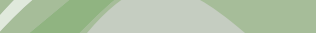
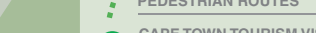
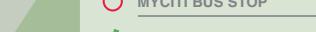
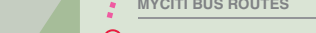
28 Main Rd, Kalk Bay T 021 788 6694  
[saveourseas@sharkcentres.co.za](mailto:saveourseas@sharkcentres.co.za)

### 37 NOORDHOEK FARM VILLAGE



Soak up country charm under shady oaks. Shopping, art, wine, dining and accommodation for routine relaxation or special occasions. Worm farm demos by FullCycle every Wed 3 pm. Recycling depot.

Village Lane, Noordhoek  
T 021 789 2812 E [info@noordhoekvillage.co.za](mailto:info@noordhoekvillage.co.za)  
[noordhoekvillage.co.za](http://noordhoekvillage.co.za)



## 110% GREEN ROUTE

110% Green is an initiative of the Western Cape Government, calling organisations to commit to the 'green economy.' **Jenny Cargill**, Special Advisor, Office of the Premier, designed this route to showcase a few of the projects. For a full list of projects, visit [www.westerncape.gov.za/110green](http://www.westerncape.gov.za/110green).

### 42 CAPE CRAFT & DESIGN INSTITUTE (CCDI)



If you are looking to source craft and design products in bulk from the Western Cape, the CCDI can assist you to connect with producers or facilitate orders on your behalf – call or make an appointment to discuss.

75 Harrington St, Cape Town  
T Rose Reddy 021 461 1488 x303  
[ccdi.org.za](http://ccdi.org.za)

### 43 VINEYARD HOTEL



The Vineyard Hotel, Spa and Conference Centre has committed to taking action to reduce its impact on the environment. To see the exciting work being done to reduce their environmental footprint, contact Chris van Zyl, Group Environmental Manager and Horticulturist.

Colinton Rd (Off Protea Rd), Newlands  
T 021 657 4620 [vineyard.co.za](http://vineyard.co.za)

### 44 THRIVE HOUT BAY



Experience a journey that encourages communities to see waste as a precious resource, grow local food and vegetables, take care of our water and biodiversity and find energy solutions that work in harmony with nature.

Beach Crescent, Hout Bay  
To visit contact: Bronwen Lankers-Byrne  
E [bronwen@thrive.org.za](mailto:bronwen@thrive.org.za) T 021 790 7226 or 082 318 3308 Mon to Fri 09:00-17:00. (Visits to the schools Eco project by appointment)



### 45 ABALIMI BEZEKHAYA



Abalimi runs a profitable Community Supported Agriculture (CSA) programme and a 100% social, ethical and carbon neutral business, called Harvest of Hope.

Tours of the Abalimi micro-farming movement: Tuesdays 09:00 -12:00 and by appointment - no charge  
[harvestofhope.co.za/friends-of-abalimi-tour/](http://harvestofhope.co.za/friends-of-abalimi-tour/)  
[marketonthefarm.co.za](mailto:marketonthefarm.co.za)



## GREEN BY DESIGN STUDIOS

### 46 STREETWIRES



Creates and markets contemporary African wire and bead craft. Over 100 formerly unemployed people channel their creative energies into a vibrant art form.

77 Shortmarket St, Cape Town  
T 021 426 2475  
E [info@streetwires.co.za](mailto:info@streetwires.co.za)  
[streetwires.co.za](http://streetwires.co.za)

### 47 MONKEYBIZ



A non-profit, income generating bead project, focusing on women's empowerment. Each artwork is unique and signed by the artist ensuring that individual artists receive recognition for their work. All profits from the sales are reinvested into community services.

43 Rose St, Bo-Kaap, Cape Town  
T 021 438 0145  
E [monkeybiz@monkeybiz.co.za](mailto:monkeybiz@monkeybiz.co.za)  
[monkeybiz.co.za](http://monkeybiz.co.za)

### 48 AFRICAN HOME



A range of décor and contemporary homeware products based on African aesthetic and traditional workmanship creating work for disadvantaged communities.

41 Caledon St (Cnr Canterbury St), Zonnebloem  
T 021 551 1052  
E [info@africanhome.co.za](mailto:info@africanhome.co.za)  
[africanhome.co.za](http://africanhome.co.za)

### 49 T BAG DESIGNS



Stationery, tableware and works of art are decorated with hand-painted recycled tea bags. All made by people from the local township. Pop in, meet them and you'll even get a 'cuppa.'

Klein Kronendal, 144 Main Rd, Hout Bay  
T 021 789 0900 or 083 444 7088 (weekends)  
E [bookings@cape-point.com](mailto:bookings@cape-point.com)  
[noordhoekvineyards.co.za](http://noordhoekvineyards.co.za)

### 50 MONTEBELLO DESIGN CENTRE



Home to two of World Design Capital 2014 official projects, the Green Map and the Montebello Labs. Located in a historic stable precinct, where dreams to grow creative ideas in Africa are nurtured. Studios, shops, restaurant, art gallery and more.

31 Newlands Ave, Newlands  
T 021 885 6445  
E [bluebirdgarage@gmail.com](mailto:bluebirdgarage@gmail.com)  
[bluebirdmarket.co.za](http://bluebirdmarket.co.za)

## FOOD MARKET ROUTE



Cape Town Green Map intern, **Douglas Hinkel**, chose a different market for each day of the week, and here are some of his favourites.

### Monday

#### 51 THE WATERFRONT FOOD MARKET

With a prime location on the Waterfront Harbour, this market promotes organic, traditional and sustainable practices. As a result of Cape Town's diverse food offerings, the food market has a distinct focus on the heritage of food.

Dock Rd, V&A Waterfront near Nobel Square, V&A Waterfront  
Mon to Sun 9:30-18:00  
T 021 276 0200 E [info@waterfrontmarket.co.za](mailto:info@waterfrontmarket.co.za)  
[marketonthefarm.co.za](http://marketonthefarm.co.za)

### Tuesday

#### 52 ABALIMI – HARVEST OF HOPE



A local organic vegetable farming initiative. Produce is delivered weekly to 25 locations throughout Cape Town for customer pickup. Order your box today - see [www.harvestofhope.co.za](http://www.harvestofhope.co.za). Tours on Tuesdays (see 45)  
E [harvestofhope@abalimi.org.za](mailto:harvestofhope@abalimi.org.za)  
[harvestofhope.co.za](http://harvestofhope.co.za)

### Wednesday

#### 53 EARTH FAIR MARKET



On Wednesday and Saturday the market is at Steenberg, and Thursday at St. George's Mall, Cape Town. All three are superb markets with authentic, local food. Unit 3, Block 3, The South Palms, 333 Main Rd, Steenberg  
Wed 15:00-20:30; Thu 11:00-15:00;  
Sat 9:00-14:00  
E [hello@earthfairmarket.co.za](mailto:hello@earthfairmarket.co.za)  
[earthfairmarket.co.za](http://earthfairmarket.co.za)

### Thursday

#### 54 CITY BOWL MARKET

An impressive market with a small town atmosphere. Packed with locals who know each other as well as the vendors, the market offers visitors an escape from the bustling central city.

14 Hope St, Gardens  
Thu 16:30-20:30; Sat 9:00-14:00  
E [citybowlmarket@gmail.com](mailto:citybowlmarket@gmail.com)  
[citybowlmarket.co.za/city-bowl-market-contact](http://citybowlmarket.co.za/city-bowl-market-contact)

### 55 CAPE POINT VINEYARDS COMMUNITY MARKET

A popular early evening market in Noordhoek with a distinct local character. Silvermine Rd, Noordhoek  
Thu 16:30-20:30  
T 021 789 0900 or 083 444 7088 (weekends)  
E [bookings@cape-point.com](mailto:bookings@cape-point.com)  
[noordhoekvineyards.co.za](http://noordhoekvineyards.co.za)

### Friday

#### 56 THE BLUE BIRD GARAGE MARKET



Located in an old plane hangar, the market's 'small town' setting makes visitors feel a greater connection to the community. Crowds pack the market to socialise, eat fresh food, and enjoy the craft beers and SA wines.

39 Albertyn Rd, Muizenberg  
Fri 16:00-22:00  
T Kim Spear 082 331 2471  
or Dylan Spear 082 493 9055  
E [bluebirdgarage@gmail.com](mailto:bluebirdgarage@gmail.com)  
[bluebirdmarket.co.za](http://bluebirdmarket.co.za)

### 57 CONSTANTIA WALDORF MARKETS

Spaanschemat River Rd, Constantia

**Organic & Biodynamic Market**  
Fri 11:00-15:00 during school terms  
T 082 215 0764  
E [organicandbiodynamicmarket@gmail.com](mailto:organicandbiodynamicmarket@gmail.com)  
[obdm.co.za](http://obdm.co.za)

### Night Market

Fri 17:00-21:00 during school terms  
T 082 215 0764  
E [info@constantiawaldorfnightmarket.co.za](mailto:info@constantiawaldorfnightmarket.co.za)  
[constantiawaldorfnightmarket.co.za](http://constantiawaldorfnightmarket.co.za)

### Saturday

#### 58 NEIGHBOURGOODS MARKET @ THE OLD BISCUIT MILL



There are reasons this market is the most popular Cape Town food market. Held at the Old Biscuit Mill, its vast and diverse food options are unrivalled and the shops are first rate.

373 Albert Rd, Woodstock  
Sat 9:00-14:00  
[neighbourgoodsmarket.co.za/cape-town](http://neighbourgoodsmarket.co.za/cape-town)

#### 59 JOLLY CARP ORGANIC MARKET

Popular Saturday market with local, traditional foods of Cape Malay origin and more.

38 Sasmeer Rd, Retreat  
Sat 10:00-15:00  
T 021 761 5411 or 074 302 3254  
E [menngos.org.za](mailto:menngos.org.za)  
[menngos.org.za](http://menngos.org.za)

#### 60 PORTER ESTATE PRODUCE MARKET



Find the entrance to this laid-back rural market at The Stone Church, The Range, Orpen Rd - just 1,5 km towards Constantia from the circle at Steenberg Golf Estate. Look out for the pink pig flags. R5 entry per car (proceeds to the Chrysalis Academy). Chrysalis Academy, Porter Estate, Tokai  
Sat 9:00-13:00  
T 082 334 5634 (Gail)  
E [info@porterestate.co.za](mailto:info@porterestate.co.za)  
[porterestate.co.za](http://porterestate.co.za)

#### 61 WILLOWBRIDGE SLOW MARKET



Popular market with wide selection of delicious homemade goodies.

Willowbridge Lifestyle Centre, 39 Carl Cronje Dr, Tyger Valley  
Sat 9:00-14:00 (weekdays to 18:00; Sun to 16:00)  
T 021 886 8514 [slowmarket.co.za](mailto:slowmarket.co.za)  
E [admin@slowmarket.co.za](mailto:admin@slowmarket.co.za)

#### 62 STELLENBOSCH FRESH GOODS MARKET



Well-established market adjacent to the Oude Libertas Amphitheatre.

Oude Libertas Rd, Stellenbosch  
Sat 9:00-14:00  
T 021 886 8514  
E [admin@slowmarket.co.za](mailto:admin@slowmarket.co.za)  
[oudelibras.co.za/stellenbosch-slowmarket/](http://oudelibras.co.za/stellenbosch-slowmarket/)

## TRANSPORT



City Transport Guide available at all Cape Town Tourism Visitor Information Centres. For enquiries and information, call 0800 65 64 63