



Useful contacts

The following organisations and hotlines offer everything from marriage support and counselling to support for victims of violence and abuse.

Athlone House of Strength Telephone: 021 862 9983 Website: http://www.childrenofpaarl.com/index.html
FAMSA (Families South Africa) Telephone: 021 556 1945 (Du Noon) Telephone: 021 361 9098 (Khayelitsha) Telephone: 021 946 4744 (Elsies River) Telephone: 021 372 0022 (Mitchells Plain) Telephone: 021 593 8074 (Facreton) Telephone: 021 447 7951 (Observatory) Website: https://www.famsawc.org.za/
Ilitha Labantu Telephone: 021 633 2383 (Gugulethu) Website: https://ilithalabantu.org.za/
Mosaic Telephone: 021 761 7585 (Wynberg) Website: http://mosaic.org.za/main/
New World Foundation Telephone: 021 701 9744 (Lavender Hill)
Rape Crisis Telephone: 021 633 9229 (Athlone) Telephone: 021 361 9085 (Khayelitsha) Telephone: 021 447 9762 (Observatory) Website: https://rapecrisis.org.za/
Saartjie Baartman Centre Telephone: 021 633 5287 (Athlone) Website: http://www.saartjiebaartmancentre.org.za/
United Sanctuary Against Abuse Telephone: 021 572 8662 (Atlantis) Website: https://www.westerncape.gov.za/facility/united-sanctuary-against-abuse-0
Woman Abuse Line Telephone: 080 015 0150
Child Abuse lifeline/childline (24-hour line) Telephone: 080 005 5555
HIV/AIDS (national line) Telephone: 080 001 2322